



## Revere Summer Weight Room Schedule



Times	Monday	Tuesday	Wednesday	Thursday
7-8am	Open Weightroom for all High School athletes	Open Weightroom for all High School athletes	Open Weightroom for all High School athletes	Open Weightroom for all High School athletes
8-9am	Girls Soccer	Middle School Boys	Girls Soccer	Middle School Girls
9-11am	Football	Football	Football	Football
11:15am-12pm	Speed & Agility (Open to all)	Speed & Agility (Open to all)	Speed & Agility (Open to all)	Speed & Agility (Open to all)
12-3pm	Open Weightroom for all High School athletes	Open Weightroom for all High School athletes	Open Weightroom for all High School athletes	Open Weightroom for all High School athletes
3-4pm	Middle School Boys	Middle School Girls	Middle School Boys	Middle School Girls

Schedule Begins June 12th. All sessions held in High School weight room unless communicated otherwise.  
Please email [tschroer@revereschools.org](mailto:tschroer@revereschools.org) with any questions.